

skinade|MD

Injection Support Programme

INsupport™



A RESULTS DRIVEN APPROACH

When undergoing an aesthetic injectable treatment increased self-confidence is often a key goal.

Achieving the best possible results and returning to normal social activities as soon as possible is always a consideration, therefore correct preparation for optimal outcome is vital.

Medical level aesthetic practitioners are always striving to give their patients the best possible outcome. Skinade® is a brand driven by results. SkinadeMD® INsupport™ was developed due to a growing demand from top injectors committed to clinical excellence for an internal product protocol to provide their patients with the best possible treatment outcome.

The benefits

SkinadeMD® INsupport™ is specifically designed to:

- Reduce and prevent bruising, swelling and inflammation
- Enhance and support botulinum toxin results
- Enhance and support hyaluronic acid filler injections
- Support hyaluronic acid, elastin and collagen synthesis
- Enhance localised injectable boosters outcome
- Allow return to normal social activities sooner
- Maximises results, whilst lowering obvious signs of treatment.



What does it do and how does it work?

SkinadeMD® INsupport™ enhances outcome by supporting botulinum toxin pathway.

Our Injection Support Programme supports the toxin pathway by creating a natural zinc ionophore ensuring optimum bioavailability. This is integral to supporting the zinc dependent botulinum toxin pathway for optimum results.

Stabilises and enhance hyaluronic acid filler injections by preventing ROS (reactive oxygen species) and hyaluronidase activity.

Due to the unavoidable localised inflammatory response at the injection ROS, (oxidative stress) and hyaluronidase are triggered. These attack and break down hyaluronic acid filler. We include calcium ascorbate which acts as a powerful anti-oxidant compound to prevent and mitigate impact from both ROS and hyaluronidase on the filler. Many dermal fillers use Vitamin C to prevent localised degradation and our Injection Support Programme reinforces this. We include highly absorbable HCl vegan glucosamine and collagen peptides which help the body produce natural hyaluronic acid.



WHAT DOES IT DO AND HOW DOES IT WORK?

Supports booster injections which activate hyaluronic acid, elastin and collagen synthesis.

Our Injection Support Programme is designed to trigger a physiological response via feedback mechanism to produce natural elastin, hyaluronic acid and collagen in the dermis. This directly enhances the injectable booster treatment. Elastin production is specifically enhanced utilising the amino acid L-proline. INsupport™ effectively super charges localised injectable boosters by supporting their key function and mechanisms.

Reduces and prevents associated impacts such as: bruising, swelling and inflammation.

SkinadeMD® INsupport™ utilises the powerful anti-inflammatory capabilities of methylsulfonylmethane (MSM), bromelain and bilberry in conjunction with arnica and ledum to mitigate the normal associated visible impacts of injectable treatments, allowing to return to social activities sooner.



How to take SkinadeMD® INsupport™

Liquid sachet and capsule:

Empty one liquid sachet into a bottle, add 150ml of water, shake and consume immediately with one capsule.

For optimum absorption of the active ingredients, you must dilute the contents of the sachet. If directed, the capsule component may be taken separately.



Oral spray:

For best results it is recommended to spray 3 doses (3 pumps) under the tongue, 4 to 5 times per day for 10 days.

If directed to, the spray component can be taken pre and continued post treatment.

Do not eat or drink and avoid chewing gum, mouth wash, teeth brushing or using any strongly flavoured food products such as peppermint for at least 10 minutes before and 10 minutes after using the oral spray. These items prevent the absorption of active ingredients.



For best results, complete the 10 day programme. Do not drink any caffeinated beverages such as tea or coffee for 1 hour either side of taking the product (caffeine can lower the absorption of active ingredients).

The ingredients

Quercetin

In liposomal form and sourced from *Sophora japonica*.

When combined with bromelain creates a zinc ionophore. This is integral to supporting the zinc dependent botulinum toxin pathway for optimum results. Other benefits: inhibits histamine release; prevents fibrosis; anti-inflammatory and improves integrity of microcirculation.

Bromelain

Bromelain and quercetin are synergistic, and should be taken in conjunction to increase absorption.

Bromelain reduces oedema, bruising, discomfort and healing time. When combined with quercetin creates a zinc ionophore. This is integral to supporting the zinc dependent botulinum toxin pathway for optimum results.

Vitamin C

As highly bioavailable calcium ascorbate. Vitamin C is a common ingredient of hyaluronic acid fillers.

It improves collagen synthesis, but also stabilises hyaluronic acid polymers and by inhibiting hyaluronidase. It significantly reduces ROS (reactive oxygen species) production.

Vitamin K1

Targets normal coagulation and helps to reduce bruising.

Bilberry extract

Contains anthocyanosides; these are potent antioxidants that may help reduce bruising by stabilising collagen, increasing intracellular vitamin C levels and strengthening capillaries.

Calcium

In the form of calcareous marine algae (*Lithothamnion* sp.). Supports calcium dependent active ingredients such as glucosamine.

MSM

Reduces inflammation and can help alleviate swelling due to inflammation. The anti-inflammatory properties of MSM have great potential in supporting general skin health by reduction of damage through inflammatory cascades. Since MSM can inhibit NF- κ B transcriptional activity, it reduces the expression of enzymes and cytokines involved in ROS (reactive oxygen species) production. MSM is integral for collagen formation. Detoxifies the body by increasing cell permeability, which allows the toxins and metabolic waste to be easily removed and allows nutrients and water to enter the cells.



Glucosamine HCl (Vegan)

Promotes the physiological production of connective tissue and is a precursor to the production of hyaluronic acid. Glucosamine has been shown to accelerate wound healing, improve skin hydration and reduce fine lines and wrinkles. Its effect is calcium dependent.

Collagen Peptides

Our best in class collagen peptides are clinically proven to trigger natural elastin, hyaluronic acid and collagen production. This mechanism is integral to supporting in-clinic injectable treatments.

L-lysine

Essential for collagen synthesis and formation.

L-proline

Key amino acid for elastin production during collagen synthesis hydroxyproline, which is critical for collagen stability, it is synthesized by modifying the amino acid proline after the collagen chain has been built. The reaction requires vitamin C.

Apis mellifica

Targets dermal inflammation.

Arnica Montana

Targets bruising and swelling.

Arsenicum album

Reduces swelling, inflammation, sensitivity.

Bryonia alba

Reduces swelling and inflammation.

Echinacea angu

Reduces itching and redness.

Hepar Sulph.

Reduces swelling, inflammation, itching and pain.

Rhus tox

Reduces inflammation and pain.

Ledum palustre

Targets healing after injections.

Sulphur

Reduces inflammation.

Nutritional information

SkinadeMD® INsupport™ only contains EU-approved ingredients:

Nutritional information	Per 15ml	RI	%RI
Energy (kcal)	30	2000	1.05
Protein (g)	5.5	58.5	9.4
Carbohydrates (g)	1.8	135	1.3
of which sugar (g)	1.7	25	6.8
Fat (g)	0	44	0
Fibre (g)	0	20	0
Sodium (g)	0	2	0

Liquid Sachet	mg Per 15ml	NRV (mg)	%NRV
Collagen Peptides (Fish)	4500	*	*
Methylsulfonylmethane	1000	*	*
Glucosamine (Vegan)	700	*	*
Vitamin C – Calcium Ascorbate	500	80	625
Calcerous Marine Algae (Lithomanion sp.)	401.6	*	*
L-proline	400	*	*
Bilberry extract	300	*	*
L-lysine	100	*	*
Vitamin K	0.00012	0.000075	160

Capsule	mg Per 887mg	NRV (mg)	%NRV
Quercetin	250	*	*
Bromelain	125	*	*

Oral Spray	
Active Ingredients	
Apis mellifica	12X
Arnica montana	15X
Arsenicum album	8X
Bryonia alba	10X
Echinacea angu.	3X
Hepar Sulph.	10X
Ledum palustre	15X
Rhust tox	6X
Sulphur	12X

RI = Reference Intake

DV= Daily Value

* = No established DV

NRV = Nutrient Reference Value

* = No established NRV

Directions for use

For best results we recommend starting your Injection Support Programme 3-4 days prior to your aesthetic treatment.

In each pack you will find:

10 x Liquid sachets (take one per day).

10 x Capsules (take one per day).

25ml Oral spray (dose 3 sprays (3 pumps) 4-5 times per day).

NB Each 25ml oral spray bottle contains a maximum of 16 days use at the above dosing.

For injector use only:

	Start taking on	Take for
Liquid sachet	___/___/___	___ days
Capsule	___/___/___	___ days
Spray	___/___/___	___ days

Notes:

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skinadeMD® INsupport™

supporting your aesthetic journey
from the inside out

- ✓ Increased elastin production
- ✓ Increased collagen production
- ✓ Increased HA production
- ✓ Reduced downtime
- ✓ Reduced inflammation
- ✓ Reduced swelling
- ✓ Superior results
- ✓ Reduced bruising



Also part of the range:

TARGETED SOLUTIONS



Clear

To help target breakout prone skin



Cellulite

To help address cellulite related concerns



Derma Defense

To help shield, rejuvenate and repair the skin



Skinade - better skin from within®

Daily skincare drink designed to reduce the appearance of fine lines and wrinkles, improve skin suppleness, boost skin hydration for plumper and firmer skin.



Skinade | MD®

A four-step Pre and Post care programme designed to promote healing and improve results of surgical procedures.

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